

**ARE YOU,
OR SOMEONE YOU
KNOW, IN AN ABUSIVE
RELATIONSHIP?**



YOURTOOLKIT.COM.AU

**WE KNOW IT'S HARD,
YOU ARE NOT ALONE.**



SCAN ME

Find all the information you need at YOURTOOLKIT.COM.AU

KEEP SAFE

tech safety, safety in the home and in public, planning to leave, emergency assistance, family violence restraining orders

MANAGE YOUR MONEY

financial assistance and grants; tips for dealing with banks and Centrelink; Centrelink payments and services; budgeting, saving, credit, debt, superannuation and insurances;

FIND SUPPORT

accommodation information, refuges, rental assistance and tenancy support, legal supports, helplines, financial counselling;